

## Aquatics

100 m breaststroke (m. w)  
100 m backstroke (m. w)  
100 m butterfly (m. w)  
100 m freestyle (m. w)  
4 x 100 m freestyle relay (m. w)  
4 x 100 m medley relay (m. w)  
adjustable fulcrum  
all-out time trail  
alternating slow-fast swimming  
aluminium board  
announcer  
appeal  
aquatic meet  
aquatic sport  
arm cycle  
arm pull  
arm stroke  
artificial respiration  
back float  
back glide  
back stroke (back crawl)  
backstroke flip turn  
backstroke turn indicator  
backwash  
ball holding equipment  
bathrobe  
beating the gun  
bi-lateral breathing  
board  
bobbing  
bottom of the pool  
boundary line  
boundary of the field of play  
boundary of the pool  
breast stroke  
breaststroker's knee  
breath holding  
breathing arm  
breathing side  
bunch  
buoyancy

buoying device  
butterfly  
cap  
catch  
centre line  
centre line of the body  
change breath  
chief judge  
chief timekeeper  
chlorinated water  
chlorinator  
clear watch  
clerk of course  
competition pool  
co-ordination  
corner  
course  
crawl flip turn (forward somersault)  
crossbar of the goal  
dash  
depth of water  
digging  
disqualify  
distance swimming  
dive  
diving pool  
dolphin kick  
dorsiflexed  
double 's' pull  
downbeat  
drag force  
  
ear plug ; ear protector  
  
eddy resistance  
effective propulsive phase  
elbow-up pull  
electronic timing equipment  
electronic timing pad  
end wall target  
end walls  
even-pace swimming  
exhale  
facilities / equipment

false start  
false start rope (recall rope)  
Fartlek training  
feathering  
field line  
field of play  
finish wall  
finishing judge  
flagged ropes  
flat dive  
floating  
floats  
flutter  
freestyle  
frog kick  
front crawl  
frontal resistance  
fulcrum  
goal net  
goggles  
gutter  
half distance line  
hand grip for back stroke start  
handgrip  
heat  
high sail breast stroke  
horizontal turn  
illegal turn  
individual medley  
inflated ball  
inhale  
insufficiently inflated ball  
International Amateur Swimming  
Federation (FINA)  
jellyfish float  
keyhole pull  
kick board  
land drill  
lane  
lane line  
lane markings  
lane number  
lane rope

lap  
lap card  
lap counter  
lap time  
leg stroke  
long pull after turn  
manual time  
mechanical agitation of the water  
surface  
medley relay  
musical accompaniment  
narrow kick  
non-breathing side  
non-slip surface  
nose clip  
numbered cap  
open-air pool  
order of diving  
outdoor pool  
overinflated ball  
overreach  
own goal line  
own half  
passing line  
pennant  
pivot turn  
plain header  
platform  
plunge dive  
  
pool ; swimming pool  
  
prone float  
prone glide  
prone position  
propel  
pull  
purchase  
push  
push-off  
racing lane  
racing line hooks  
recall  
record

recorder  
recovery of arms  
referee  
relay  
relay event  
relay team  
rescuer  
resuscitation  
recovery of legs  
rules / refereeing  
scissors kick  
scope of thrash  
scoreboard  
sculling  
segment  
semi-final  
shallow dive  
shallow end  
side stroke swimming  
slope of the starting platform  
split time  
springboard  
starter  
  
starting block ; starting platform  
  
starting grip  
starting jump  
steps  
streamline  
stroke defect  
stroke judge  
surface dive  
swimmers shoulder  
swimming cap  
swimming goggles  
swimming meet (swimming gala)  
swimming stadium  
swimming suit  
symmetrical  
team (w)  
touch panel  
touch panels of electronic timing  
apparatus

grab start  
tread  
tumble turn  
turn umpire (turning judge)  
turtle float (mushroom float)  
underwater speaker  
upward thrust  
warm-up pool  
water safety  
waterproof ball  
wedge kick  
whip kick  
width of the goal