1.1 Learning to Learn

What kind of person are you?  What kind of learner are you?

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Focus: To increase awareness that, just as there are different personalities in the group, there are different learning styles.

1. What kind of person are you?  Put a circle around the words that describe you.
   - Are you a calm person/ a highly stressed person/ a bit of both?
   - Are you a morning person/a night time person/ or a bit of both?
   - Are you a talkative person or a quiet person?
   - Are you a highly organised person/ a completely disorganized person/ or somewhere in the middle?
   - Are you an adventurous person or a safe person?

2. Compare your answers with other students.

3. What kind of language learner are you?  Place a tick next to your answer, or write your own.

For me, learning a language is like:

Learning to ride a bicycle  Learning to swim
Learning a new game     Stepping into darkness
Being a baby again      Other (please explain)

4. Talk to other students about their answers.

5. Think of three techniques that you use to help you when learning English.  Think for a few minutes, and then write them down.

6. Now share your ideas with other students, and together make a poster for your classroom wall.

Tips for Success at English

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