

1.1 Learning to Learn

What kind of person are you? What kind of learner are you?

Focus: *To increase awareness that, just as there are different personalities in the group, there are different learning styles.*

1. What kind of person are you? Put a circle around the words that describe you.
 - Are you a calm person/ a highly stressed person/ a bit of both?
 - Are you a morning person/a night time person/ or a bit of both?
 - Are you a talkative person or a quiet person?
 - Are you a highly organised person/ a completely disorganized person/ or somewhere in the middle?
 - Are you an adventurous person or a safe person?
2. Compare your answers with other students.
3. What kind of language learner are you? Place a tick next to your answer, or write your own.

For me, learning a language is like:

Learning to ride a bicycle

Learning to swim

Learning a new game

Stepping into darkness

Being a baby again

Other (please explain)

4. Talk to other students about their answers.
5. Think of three techniques that you use to help you when learning English. Think for a few minutes, and then write them down.
6. Now share your ideas with other students, and together make a poster for your classroom wall.

Tips for Success at English